In 2016, START Treatment & Recovery Centers (START) continued to address both new and historical challenges in the provision of culturally responsive and sensitive opioid and behavioral health services. These challenges are manifested through the changing healthcare landscape as well as the nationwide opioid epidemic. For the past 47 years, START has seen the impact substance use has had on our communities. The unfortunate truth is that in recent years, we have seen a resurgence in opioid dependence. Communities throughout the country are being ravaged by prescription opiate abuse and in the last decade, deaths by opioid overdose have nearly quadrupled.

This past November, the US Surgeon General issued a report titled, “Facing Addiction in America,” in response to the growing national attention to opiate use. In his report, US Surgeon General stated, “How we respond to the addiction crisis is a moral test for America.” As the national conversation around prescription drug use and the heroin epidemic continue to grow, we know we must continue to advocate for effective, life-saving treatments for addiction.

In 1969, START (then known as Addiction Research and Treatment Corporation (ARTC) was founded during another opioid epidemic, partly as a result of the Vietnam War. Solidiers returning from Vietnam struggled to re-adjust to life after opiate addiction during their service. START’s founding board, and the late Dr. Beny J. Primm, confronted the epidemic head-on when they opened the doors of 937 Fulton Street in Brooklyn, a location where addiction treatment continues today. While many changes occurred throughout our agency’s rich history, we remain committed to providing the highest level of compassionate and quality care for those seeking recovery from addiction.

At START, we continue a proud legacy; a legacy that guides us as we evolve to meet the needs of the communities we serve. Throughout 2016, we continued our steadfast work to provide comprehensive integrated care for over 4,000 adults and adolescents. These services included our medication-assisted treatment for opiate addiction, behavioral health care (both group and individual therapy), primary health care, specialized care for Hepatitis C and HIV/AIDS, as well as vocational counseling. It is vital to START that we provide services to treat the WHOLE person, so that they may thrive in their recovery.

Research remains a main tenet of START’s mission. This research allows us to address the ever-changing needs of addiction and to bring the most recent medical and behavioral health advances to our community. Most recently, our research on the effectiveness of telemedicine support for the treatment of the Hepatitis-C virus was nationally recognized.

Through our work, we have seen that more and more adolescents are in need of programs and services to address their unique mental health and substance use needs. To that end, START was approved by the NYS Office of Mental Health in 2016 to open an adolescent outpatient mental health clinic in our Central Harlem location. This location, slated to open in the spring of 2017, will be the first program of its kind in New York State, providing mental health and substance use counseling for adolescents all in one location. In 2017, START will also partake in the “100 Schools Project,” working with educators throughout northern Manhattan to better identify students who show signs of mental health or substance use disorders and connect them to services.

As we look forward in 2017, we are reminded of START’s vision: “to transform the perception of addiction and behavioral health disorders by bringing dignity and respect to the lives, families, and communities we serve.” Together with our supporters, like you, we strive towards making this a reality, and also a standard in our society. We find constant inspiration with the impact START makes in the lives of the thousands of patients and adolescents we serve each year.

Transforming the perception of addiction and behavioral health disorders starts with acknowledging the humanity and dignity all our patients and adolescents deserve. By empowering our patients towards recovery, we build our greatest advocates to this nationally recognized cause. We hope you will join us to answer the call to transform our country’s views and ways it treats addiction and mental health disorders.

Sincerely,

Lawrence S. Brown, Jr., MD, MPH, FASAM
Chief Executive Officer

Joyce Y. Hall, MPH
Chairperson, Board of Trustees
About Us

Our Legacy

START Treatment & Recovery Centers (then known as the Addiction Research and Treatment Corporation) was founded in 1969 by a dedicated group of attorneys, physicians, public-policy makers, academicians and community activists. In the background of the civil-rights struggles and the Vietnam War, they opened their first clinic at 937 Fulton Street in Fort Greene, Brooklyn, with Dr. Beny J. Primm at the helm as the first Executive Director.

During our organization’s 47 year history, we have seen many challenges on both the local and global scale and have adapted our programming to meet the ever-changing needs of our patients. The rigid Rockefeller Drug Laws during the 70s, the HIV/AIDS epidemic during the 80s, the development of curative treatments for the Hepatitis-C virus, and the recession of 2008 have all presented great challenges to START. Through all of these challenges, we have remained dedicated to the communities that we serve.

In 2013, the agency rebranded under the name of START Treatment & Recovery Centers (START) and issued a renewed commitment to serving the needs of our communities. During this same period, START, acknowledging the needs of adolescents, was contracted to provide mental health services to adolescents at detention centers in The Bronx and Brooklyn. This relationship was renewed last year by approval of the Administration for Children Services.

Throughout the past 47 years we have weathered many storms, but through hard work and dedication to our communities we have been able to adapt and thrive. As we move into 2017 and are faced with new and unique challenges, it is important that we reflect on how we have continued to evolve to meet monumental challenges to this agency throughout our history. As our country faces the current devastating opioid epidemic, we will rely on our legacy to propel us forward to continue our work for many years to come.

Mission

To provide the highest quality of compassionate, comprehensive, evidence-based healthcare and social services; education of the public concerning maintenance of healthy lifestyles; and cutting-edge behavioral, biomedical and healthcare services research.

Vision

START is dedicated to transforming the perception of addiction and behavioral health disorders by bringing dignity and respect to the lives, families and communities we serve.
Locations

1 START HEADQUARTERS
22 Chapel Street,
Brooklyn, NY 11201
718.260.2900
On the Web:
www.startny.org/
www.facebook.com/STARTNY

2 REACH
119 West 124th Street
New York, NY 10027
Tel: 917.386.1797

3 Starting Point
119 West 124th Street
New York, NY 10027
Tel: 212.932.2676

4 Kaleidoscope
119 West 124th Street
New York, NY 10027
Tel: 212.932.2810

5 Third Horizon
2195 Third Avenue
New York, NY 10035
Tel: 212.348.5650

6 Highbridge
500 West 180th Street
New York, NY 10037
Tel: 212.543.2782

7 Fort Greene
937 Fulton Street
Brooklyn, NY 11238
Tel: 718.789.1212

8 East New York
494 Dumont Avenue
Brooklyn, NY 11207
Tel: 718.385.4000

9 Bushwick
1149-55 Myrtle Avenue
Brooklyn, NY 11206
Tel: 718.574.1400

10 Crossroads Juvenile Center
17 Bristol Street
Brooklyn, NY 11212
Tel: 718.240.3994

11 Horizon Juvenile Center
560 Brook Avenue
Bronx, NY 10465
Tel: 718.401.3125
For more than 45 years, START has pioneered the successful combination of medical, behavioral, and substance abuse treatment. Throughout Brooklyn and Manhattan, we provide our patients with holistic healthcare that supports the maintenance of a healthy lifestyle.

Funded by insurance reimbursement, government and donor support, and sliding-scale patient fees, our programs include: seven medication-assisted treatment clinics; a specialized behavioral healthcare program; vocational rehabilitation counseling; and mental health services to adolescents in the juvenile justice system.

**2016 HIGHLIGHTS**

- In February, START’s physicians resumed providing primary care services to all patients receiving services from us.
- On July 22nd, our Manhattan patients celebrated successful recovery at the annual Patient Advisory Committee picnic in Brooklyn’s Prospect Park.
- Staff came together in August to provide backpacks filled with new school supplies for patients’ children and grandchildren.
- In October, patients and staff came together at many of our clinics to raise awareness about Breast Cancer.
- In October, our Recovery & Education Advocacy Change in Health (better known as REACH) which provides a higher level of behavioral health care, celebrated its’ 10th anniversary with a graduation ceremony for patients who achieved remission of their substance use disorders.
- In November, Radio Personality Liz Black of WBLS led a coat drive, donating over 400 coats and jackets from various churches in the tri-state area. Following the drive, patients, staff, family and friends celebrated together with a gospel concert held at Ephesus Seventh-Day Adventist Church in Harlem.
- During the week of Thanksgiving, patients and staff came together at many of our clinics for special luncheons, celebrating in a spirit of thanks and gratitude.
- In December, START provided holiday gifts to patients’ children and grandchildren thanks to the generosity of staff, Board members, Advisory Council members and corporate partners.

- Our first Health & Wellness Fair, held in December, provided necessary knowledge and information on beneficial health practices for our patients so that they may continue to transition toward a healthier and more productive lifestyle.
- To celebrate our patients’ great strides in recovery, we hosted our second annual Patient Holiday Party in December. The evening was full of dancing, food and festivities.
I didn’t know that all this time that I was walking around with this virus. When they offered me the cure, the medication for it, how could I turn that down? I mean, I thought I’d live and die with Hep C. No, they said, not on their watch.”
Throughout our history, behavioral and biomedical research has been an integral part of the mission of our agency. Our research remains on the cutting edge of science and allows us to actively address the unique needs of our patient population. Over the past decades, START’s research has allowed us to constantly improve our treatment and clinical outcomes so that our patients can have the most efficient and effective recovery possible.

In 2016, START’s work was published in the Journal of Addiction Medicine, was presented orally at three major conferences and was accepted as a poster presentation at four conferences including the American Society of Addiction Medicine and the American Public Health Association.

START was awarded funding for two major research projects in 2016, which will begin in 2017. These projects, funded by the National Institute of Health and the Patient-Centered Outcomes Research Institute will propel START’s HCV research for our patient population into the national spotlight.
START is committed to addressing and ending the negative stigma surrounding addiction. Through the years, we have worked diligently to expand our community outreach efforts. By becoming active in the communities in which we serve, we are determined to not only become a source of awareness, but also an advocate for our patients. We strive to champion a creative network of support directly within our surrounding communities and beyond.

2016 HIGHLIGHTS

- On February 21st, the Student National Medical Association region IX hosted a “Heart Health, Internal Wealth” Health Fair at our 124th Street Clinic. In partnership with the Manhattan Central Medical Society, this local affiliate of the National Medical Association provided free health screenings and giveaways to our patients and the general public.
- Advisory Council member Bevan Baker, FACHE, had the opportunity to meet with President Barack Obama after winning the Healthy Communities Challenge for the Affordable Care Act enrollment.
- In April, START was welcomed at the New York Psychiatric Institute of Columbia University as guests of Dr. Herbert D. Kleber.
- On May 15th, Team START participated in the 31st Annual AIDS Walk in Central Park.
- On May 25th, Dr. Lawrence S. Brown, Jr., START’s Chief Executive Officer was a panelist at two hearings held by Governor Cuomo’s Heroin Task Force. The purpose of these hearings was to receive testimony about recommended changes to law, regulations, policy or practice related to prevention.
- In June, START attended The Board Match New York, a cultivation event designed specifically for nonprofit organizations.
- On September 23rd, START joined Bridging Access to Care for their Youth Town Hall. COO, Regina Phillips Tabon, START’s Chief Operating Officer served as a guest panelist.
- In October, we hosted our 3rd Annual Signature Event at Midtown Terrace & Loft. Hosted by Rev. Dr. Alfonso Wyatt, this event honored Mark Parrino, President of the American Association for the Treatment of Opioid Dependence (AATOD). Dr. Cheryl Karcher served as keynote speaker.
- In November, START was represented in the American Society of Addiction Medicine (ASAM) Principles of Addiction Medicine Textbook.

How Can You Get Involved?

- Refer our services to someone who may need it
- Follow us on social media, and help get the word out
- Contact us to volunteer for special projects
- Become a Sponsor
- Donate – Every bit counts!

All inquiries can be made by phone or email to 212-260-2900, info@startny.org.
As we continue to grow, addressing the mental health needs of adolescents remains a priority for our organization. Since 2013, START has been contracted by the New York City Administration for Children’s Services, Division of Youth and Family Justice, to provide mental health screenings and individual and group counseling to youth in two secure detention facilities - one in The Bronx serving Bronx and Manhattan youth and the other in Brooklyn serving Queens, Brooklyn and Staten Island youth. We also provided services at 11 non-secure settings throughout New York City.

Following screenings, those in need of services are seen by START clinicians for individual counseling and treated with: cognitive and dialectical behavioral or solution focused therapies; social skills training; and anger management. In addition, those not identified as needing mental health services receive group counseling on topics such as: stress management; decision making; violence awareness; substance use; and education, grief, depression and loss management.

At START we know that we must continue to advance and evolve our programming to serve the ever-changing needs of the communities that we serve. In 2017, START will open its first Adolescent Mental Health Clinic, Teen START, in our Central Harlem location. Services at this outpatient clinic will include comprehensive assessments; individual therapy; psycho-education and group therapy; family therapy; psychiatric and medication management services; case management/care coordination services; and vocational services, focusing on career development. This clinic will be the first program of its kind in New York State, providing mental health and substance use counseling for adolescents all in one location.

Quick Facts
In 2016, START was awarded a contract through the Jewish Board’s “100 Schools Project” to train counselors and educators at schools throughout northern Manhattan to recognize the signs and symptoms of mental health and substance use disorders and refer students to resources available within the community.
Our Supporters
Signature Event 2016

Thank you to all who made the annual Signature Event a huge success! Your support is deeply appreciated and celebrated. Please enjoy and share these awesome photos from the event.

1. Left to Right: Dr. Lawrence S. Brown, Jr., Dr. Cheryl Karcher and Joyce Hall

2. Left to Right: Dr. Lawrence S. Brown, Jr., Jean Jordan and Mark Parrino

3. Left to Right: Keith Martin and Nancie Whitehouse

4. Left to Right, Standing: Sam Duvoor, Marcos Maldonado, George Lino, Onyi Atanmo, Carletta Green, Bibi Mohamed, Masie Forbes, Regina Phillips Tabon, Max Castor, Nitrisha Zhang, Alvin Chu, Zawnia Dehaney, Dr. Lawrence S. Brown, Jr., and Jonelle Smart; Left to Right, Sitting: Colleen Kane, Nancie Whitehouse, Joyce Dudley, Joyce Hall and Leslie Brooks

5. Left to Right: Bill Haas and Guests of Lab Corp

6. Left to Right: Adam Alshawish and Guests of TD Bank

7. Left to Right: Dr. Lawrence S. Brown, Jr., Athena Johnson and her Father, Anthony Johnson.
Thanks to Our Donors

We are deeply grateful to each of our donors for enabling our work to continue. Contributions of all sizes are critical to revitalizing our programs and facilities, as well as supporting patient care. For more information, please contact the development office at 718.260.2922 or fundraising@startny.org.

This list reflects all gifts received between January 1 and December 31, 2016.

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LabCorp
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Rev. Alfonso Wyatt

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Dr. Roberto Zavala

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Financials

Sources of Funds

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<th>Percentage</th>
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<td>Program Service Revenue</td>
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<td>Grants and Contracts</td>
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Use of Funds

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Net Assets

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<td><strong>Increase in net assets</strong></td>
<td><strong>$187,376</strong></td>
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For the Period Ending December 31, 2016
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